

Formerly
Parenting Resource Associates, Inc.

COMPASS FOR KIDS ~

Guiding Educators in Positive Directions

Professional Development for Early Childhood and School-Age Educators

Programs in multiple locations

Cambridge *Marlborough*
Canton *Natick*
Danvers *Peabody*
Lexington

A variety of program formats to fit your needs

Workshops
Special Events
Seminar Series

Programs can be brought directly to your site



COMPASS for kids

(formerly Parenting Resource Associates)

4 Militia Drive, Suite 7, Lexington, MA 02421

781-862-4446 phone • 781-862-8371 fax

E-mail: info@parentingresource.org

www.compassforkids.org

BRING QUALITY TRAINING DIRECTLY TO YOUR SITE!

Partnering with COMPASS for kids (*formerly Parenting Resource Associates*) can help you provide high quality, meaningful training to early childhood and school-age educators, as well as to parents.

- ▶ Programs tailored to meet the specific needs and goals of your audience
- ▶ You choose the date, time, location and topic

For Educators

Meet your goals for staff professional development with high-impact training models, including:

- CEU courses and workshop series
- Workshops
- Onsite observation and feedback
- Book/discussion groups
- Groups for distinct populations (e.g. Lead Teachers, Infant/Toddler staff, etc.)
- Conferences

OR, work with us to design your own training!

For Parents

- Workshops on child development, discipline, supporting children's success at school, positive school-home relationships and more!
- Seminar and support series
- Book/discussion groups

We look forward to working with you to make sure that the adults who matter most to children - early childhood and school-age educators and parents - have all the tools they need to do the best job they can!

For more information and to schedule training, please contact:
Nancy Toso, MEd
Director of Training and Program Development
781-862-4446, extension 208
nancytoso@parentingresource.org

Greetings!

We are very pleased to share with you our 2009-2010 schedule of professional development programming. We offer a wide variety of professional development options on subjects that address issues you deal with every day, providing a comprehensive approach to training. Our goal is to ensure that you have the most current and relevant information to help you improve your skills and transform your perspectives.

All of our training supports:

- Massachusetts Curriculum Frameworks and Guidelines
- Department of Early Education and Care Core Competencies and new regulations
- NAEYC Accreditation Standards

We can also bring customized, high impact professional development and parenting education directly to you!

About our new name...

Parenting Resource Associates was founded in the early 1990's as an education and support resource for parents. Soon we were also providing professional development for early childhood educators. In 1997 we were granted non-profit status, and in 2002 we launched our COMPASS for homeless families program - a long-term, specialized education and support program for homeless parents and children.

Now we are one of the largest providers of professional development for early childhood and school-age educators in Eastern Massachusetts. We are also on the forefront of innovative efforts to end family homelessness in the Commonwealth. We continue to provide parenting education in collaboration with schools, community organizations and businesses and work closely with other groups of adults who have tremendous impact on kids and families – like early intervention staff and mentors.

Our new name reflects our mission, vision, values and programs. **COMPASS for kids ~ guiding adults in positive directions: *We provide education and support to improve the skills and transform the perspectives of the adults and institutions that matter most to children.***

We look forward to partnering with you this year to make sure that we are all equipped to guide the children we serve today toward a bright future!

Warm regards,
 Nancy Toso, MEd.
 Director of Training and Program Development
 781-862-4446, extension 208
 nancytoso@parentingresource.org

P.S. Please feel free to copy, post and disseminate any pages in this catalogue.
 The catalogue can also be found online at: www.compassforkids.org.

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*Denotes Special Needs Training Topic

Workshops held at: Cambridge Family YMCA, 820 Massachusetts Avenue, Cambridge, MA

Quirky Kids: Understanding and Supporting Young Children Who Don't Easily Fit In*

Wednesday, September 30, 2009 7:00 – 9:00 pm Fee: \$25
Cathy Parshley

EEC Core Competency: Growth and Development

Do you work with a child who is different from others in ways that are difficult to understand? They may be out of sync with their peer group, have difficulty managing their emotions, have unusual interests or demeanors, have a specific developmental delay or diagnosed special need, or struggle with anxiety. We will identify characteristics of these “quirky kids” and you will develop a deeper understanding of them. You will leave with specific strategies to support them in your program.

SPECIAL BEHAVIOR SERIES

Register for individual workshop sessions, or take all 3 for a more in-depth look at children's behavior! Gain a deeper understanding of how positive guidance strategies can support young children's interactions and appropriate behavior.

Candy Podolsky Fee: \$25 per session
EEC Core Competency: Guiding and Interacting

Basic Discipline Strategies for Young Children

Tuesday, October 20, 2009 7:00 – 9:00 pm

What are the definition and goals of “discipline”? Gain a better understanding of what discipline means and strategies such as natural consequences and cooling off periods for angry children. Examine children's motivations, and learn how to help children with problem-solving and conflict resolution in ways that respect each child. Discover how to develop a plan that incorporates positive discipline strategies into your everyday work.

The Power of Positive Language

Tuesday, November 3, 2009 7:00 – 9:00 pm

Can you imagine how children feel when all they hear are negative statements about themselves or others? We will explore the impact of negative language and practice turning negative statements into positive ones. Discussion will include strategies for helping children speak positively, as well as some sensory secrets to help children pay attention.

Understanding and Dealing with Challenging Behavior*

Tuesday, November 17, 2009 7:00 – 9:00 pm

Despite our best discipline efforts, we all have children in our programs who exhibit more challenging behaviors. We will examine the motivation of these behaviors and learn strategies and techniques to deal with the children and situations more effectively.

What's So Funny? Using Humor with Young Children

Monday, December 7, 2009 7:00 – 9:00 pm Fee: \$25
Rita Rzezuski

EEC Core Competency: Guiding and Interacting

Young children love to be funny! Learn how the use humor of with children (in conversations, activities, reading, etc.) helps build their self-esteem, which then helps children develop positive social skills. We will examine a variety of ways that you already use humor in your program, and explore additional strategies for the appropriate use of humor with young children.

The Floortime Approach: Meeting Individual Needs in Early Childhood Groups*

Monday, January 11, 2010 7:00 – 9:00 pm Fee: \$25
Cathy Parshley

EEC Core Competency: Growth and Development

Discover how the Floortime approach, a technique of interacting one-on-one with a child (often on the floor), can help you address and support children's individual needs. Floortime helps you better understand the developmental challenges some children face and helps move them to higher levels of social interaction and play. You will learn specific strategies involved in carrying out a successful Floortime session and we will discuss how to integrate Floortime into the day to benefit each child. This approach can be used successfully with infants, toddlers and preschoolers.

Creating Effective and Positive Learning Environments

Tuesday, February 23, 2010 7:00 – 9:00 pm Fee: \$25
Jada Carlson

EEC Core Competency: Learning Environments and Curriculum

The environment has a great impact on how we learn and behave. You will learn the value of designing a positive environment in which the children in your program can thrive. We will examine classroom arrangement, learning materials and positive approaches to classroom management. You will leave with an individualized action plan to help you implement the strategies discussed.

Red Flags for Children's Mental Health*

Wednesday, March 17, 2010 7:00 – 9:00 pm Fee: \$25
Anita Preble

EEC Core Competency: Guiding and Interacting

It is often difficult to assess emotional and behavioral issues of young children. What falls within the bounds of “normal” behavior? What are some of the behaviors that are indicative of mental health disorders in children? We will examine distinguishing factors to use when deciding if a child and family should be referred for mental health services, how to make a plan, and what to do next. Discussion will include stressors that particularly affect young children, fostering resilience, and what can be put into place at your program to decrease vulnerabilities in children.

The Special Needs of Parents of Infants

Monday, April 12, 2010 7:00 – 9:00 pm Fee: \$25
Anne Marie Smith

EEC Core Competency: Partnering with Families and Communities

Parents of infants (especially first time parents) often require a different style of communication. Examine how to communicate effectively with parents of infants by learning how to share developmental information in a non-judgmental way, as well as how to communicate with parents about sensitive issues. Discover how to approach discussions with an open-minded attitude, and how to partner with parents when there is a difference in caretaking philosophy. Establishing trusting relationship with parents will help produce a positive, stable environment to support infants' optimal development.

Sizzling Summer Programs

Wednesday, May 5, 2010 7:00 – 9:00 pm Fee: \$25
Rita Rzezuski

EEC Core Competency: Program Planning and Development

Make your summer program feel like a camp experience for young children! We will examine how to design special summer schedules and activities that reflect the uniqueness of the season. You will learn how to entice children to explore and discover new learning opportunities. We will consider summer curriculum and field trip ideas, as well as water play and safety issues.

Second Language Acquisition in Young Children*

Monday, June 7, 2010 7:00 – 9:00 pm Fee: \$25
Anastasia Galanopoulos

EEC Core Competency: Growth and Development

Raising and teaching bilingual children is more and more a reality for both parents and educators today. Examine what research tells us about bilingualism and language delay, and explore both the benefits and challenges of the second language acquisition process. You will learn strategies for working with children whose first language is not English that you can implement in your program right away.

Nature in the City

Tuesday, July 20, 2010 7:00 – 9:00 pm Fee: \$25
Lorraine Harris

EEC Core Competency: Learning Environments and Curriculum

It's easy to plan nature activities if your program is surrounded by a natural environment. But what if it isn't? What if your outdoor space is filled with steel and concrete? What if outside time for your infants and toddlers is limited to stroller rides? Discover how even the smallest, darkest outdoor or indoor space can have a piece of the natural world...for children of all ages.



Workshops held at: Cole-Harrington Children's Center and Family Childcare System, 605 Neponset Street, Canton, MA

SPECIAL LITERACY SERIES: BOOKS, STORIES, AND PUPPETS, OH MY!

We all know that play helps young children figure out their world. Through books, storytelling, and puppets, we have the ability to introduce concepts and ideas to children in safe and fun ways. Join us for one session, or attend all three sessions to explore in depth how children learn the foundation of values, literacy, comprehension, and creativity.

Nina Dickerman Fee: \$25 per session EEC Core Competency: Learning Environments and Curriculum

Children's Books: The Right Book for the Right Child at the Right Time

Tuesday, November 10, 2009 7:00 - 9:00 pm

Have you read the same book over and over and over again and forgotten why it is so important? Are you looking for new books to add to your collection? Are you interested in ideas for how to use books differently in your classroom? Examine the many benefits of reading to help young children with their feelings, content themes, and explorations into the unknown. You will learn criteria on how to choose great books for your program and leave with a checklist to ensure your collection is diverse.

The Power of Telling Stories

Tuesday, December 8, 2009 7:00 - 9:00 pm

"Tell me a story" is an often-repeated request of young children. Stories are accessible to all ages and abilities, they require no special equipment, and they encourage children to use their imaginations to construct personal values. We will identify the impact storytelling has in early childhood, discuss how to tell a great meaningful story, and share strategies on where to fit storytelling into your curriculum.

Playing with Puppets*

Tuesday, January 12, 2010 7:00 - 9:00 pm

Have you ever wondered why children will respond more comfortably to a puppet than to you, or what to do with puppets? Puppets can help unlock a journey of imagination or take the brunt of a topic area that is challenging for young children to open up to. Explore the benefits of using puppets with children of diverse learning styles and learn how to choose puppets that are appropriate to a variety of situations, as well as whether some puppets better than others. You will also have a chance to make your own puppet!

Understanding and Handling Parent-Teacher Conflicts

2 part

Mondays, January 25 & February 8, 2010 7:00 - 9:00 pm Fee: \$50 Suzanne Wildman

EEC Core Competency: Partnering with Families and Communities Early childhood and school-age educators generally focus on the children in their programs, and realize that healthy parent-teacher partnerships support their ability to be successful in nurturing the "whole child". However, teachers are often faced with tensions around communicating sensitive issues or resolving conflicts with parents. In this 2 part series we will examine the dynamics of parent/teacher conflicts, consider how our communication styles impact interactions, learn and practice effective communication and conflict resolution techniques, and share experiences.

Planning for School-Age Vacation Weeks

Monday, March 15, 2010 7:00 - 9:00 pm Fee: \$25 Marie Enochty

EEC Core Competency: Program Planning and Development Think outside the box as you plan programs for school-age vacation weeks. We will explore strategies to expand programming during vacations and share a variety of resources. Out of school time programs have opportunities to offer experiences that will excite the children who participate, as well as the staff. Discussion will include funding, staffing and marketing.

Infant and Toddler Motor Development*

Thursday, April 15, 2010 7:00 - 9:00 pm Fee: \$25 Marion Sitomer

EEC Core Competency: Growth and Development It seems mysterious to many of us that babies learn to roll over, sit, manipulate objects with their hands, crawl, and eventually walk. We will explore some key experiences, starting before birth, that support the development of muscle groups, sense of balance and movement, and body in space awareness. You will learn how to assist infants and toddlers to meet their motor milestones through positioning, play and stimulation. You will gain a better understanding of the forces behind early motor development, as well as strategies you can use to promote it.

Understanding and Working with Autism Spectrum Disorders*

Wednesday, May 12, 2010 7:00 - 9:00 pm Fee: \$25 Anita Preble

EEC Core Competency: Growth and Development Autism spectrum disorders (Autism, Asberger's Syndrome and Pervasive Developmental Disorder) are becoming increasingly prevalent, yet still broad and confusing, diagnoses for young children. We will examine and identify "red flags" and diagnostic criteria for Autism Spectrum Disorders, and specific information on subtypes of Autism. We will discuss the challenges in working with young children with Autism Spectrum diagnoses, and you will learn specific strategies to improve attention and behavior, as well as techniques to facilitate the development of speech and language.

Team and Program Building: Communicating Effectively with Colleagues

Tuesday, June 8, 2010 7:00 - 9:00 pm Fee: \$25 Adam Mintz

EEC Core Competency: Professionalism and Leadership When staff members work together effectively as a team the whole program benefits. Learn skills for communicating respectfully and assertively with colleagues, and look at the key elements of collaborative teamwork. Issues to be addressed include understanding the roles of various team and staff members, listening to others, expressing yourself effectively, coping with criticism, and problem solving within an early childhood program community.

Fostering Young Children's Friendships and Social Skills*

Tuesday, August 10, 2010 7:00 - 9:00 pm Fee: \$25 Rita Rzezuski

EEC Core Competency: Guiding and Interacting Do you know children who seem to struggle with basic skills related to peer relationships, such as approaching other children or groups, early empathy or voice modulation? We will identify specific social challenges faced by young children and explore strategies to help children learn how to make friends and interact appropriately with others.

"This was a productive, highly-useful and informative workshop."

Professional Development in Lexington

Please Note: Workshops in Lexington are being held at two different locations:

Methodist Weekday School, 2600 Massachusetts Avenue, Lexington, MA

Temple Isaiah, 55 Lincoln Street, Lexington, MA

The location name for each workshop is listed under the workshop title

Getting Children to Listen: Communication Strategies that Work with Young Children

Location: Methodist Weekday School

Monday, September 21, 2009 7:00 – 9:00 pm

Fee: \$25

Susan Krupp

EEC Core Competency: Guiding and Interacting

How can we communicate with children in ways that motivate them to listen and respond appropriately? We will explore the concepts of acknowledging feelings, I-messages, choices, body language, setting, tone of voice, and modeling. You will discover how to express your feelings and needs sensitively and maintain open avenues of communication with children while setting limits on inappropriate behavior. You will leave this workshop with a host of communication strategies and specific language you can use right away in your program.

Get Ready to Write*

Location: Temple Isaiah

Wednesday, October 21, 2009 7:00 – 9:00 pm

Fee: \$25

Marion Sitomer

EEC Core Competency: Growth and Development

There are many skills preschoolers need before they are ready to actually write. Discover a variety of activities that can easily be incorporated into early childhood programs to support preschoolers as they develop the underlying skills (building the muscle groups, spatial concepts and visual-motor skills) to get ready to write well. These pre-writing activities will benefit all young children, but especially those experiencing developmental delays or who have diverse learning styles.

Curriculum Clinic: Celebrating History and Traditions

Location: Methodist Weekday School

Monday, November 9, 2009 4:00 – 6:30 pm

Fee: \$30

Christy Harvey

EEC Core Competency: Learning Environments and Curriculum

Each child comes to us with his or her own family and community history and traditions. We will focus on the meaningful ways in which children can learn about and connect with history and traditions – their own, as well as ones from all around the world – and how you can incorporate these into your curriculum. We will highlight a wonderful array of children's literature and share ideas for how to provide unique hands-on learning experiences that emphasize the importance of history, tradition and celebration in a person's life. You will learn how history and traditions impact children's social and emotional development, and specific strategies about how to introduce related concepts and activities to preschool children of all learning abilities.

Go Green  Register Online!
www.compassforkids.org

SPECIAL 2 PART SERIES

Location: Temple Isaiah

Register for one or both of these workshops to understand how to help children and yourself cope with trauma.

Kathleen Guarino

Fee: \$25 per session

Trauma, Self-Regulation and Coping Skills: Basic Information and Techniques to Help Children*

Thursday, December 3, 2009

7:00 – 9:00 pm

EEC Core Competency: Guiding and Interacting

Explore how you can positively ease the effects of trauma on young children. Learn what self-regulation and coping skills are, and their importance to children's social, emotional, and cognitive development, as well as the effect that trauma may have on them. Discover how a variety of activities that you already use in your curriculum can help children learn how to regulate their behaviors. You will also have the opportunity to practice simple techniques to use in your program, and learn how to share these strategies with parents. Please wear comfortable clothing!

Taking Care of Yourself

Wednesday, February 10, 2010

7:00 – 9:00 pm

EEC Core Competency: Professionalism and Leadership

Working in the "helping" professions often means that our work is emotionally intensive and resource-scarce. We will explore the impact of this on our day-to-day well-being. You will learn how to build awareness, avoid pitfalls, gain inspiration, and find time to foster healthy and sustainable work environments for you and your team.

Adapting Curriculum and Environments to Meet Individual Needs*

Location: Methodist Weekday School

Monday, January 11, 2010 7:00 – 9:00 pm

Fee: \$25

Kristin Fay

EEC Core Competency: Learning Environments and Curriculum

How do you design an environment and curriculum that successfully foster the development of all young children? You will gain an understanding of differentiated teaching, strategies for individualized learning experiences, and contextual planning as you develop your repertoire of teaching techniques. Discussion will include how to create schedules, routines, transition processes, and adaptations to the learning environment in order to support young children with disabilities in the inclusive early childhood setting.

Communicating Effectively: Is Anyone Listening?

2 part

Location: Temple Isaiah

Mondays, March 15 & 22, 2010 7:00 – 9:00 pm

Fee: \$50

Marlies Zammuto

EEC Core Competency: Professionalism and Leadership

Effective listening is a key factor in effective communication. In this experiential series you will learn about and practice the skills used in listening with intention. We will explore the concept of, and strategies for listening for content, meaning, clarity, understanding and connection. We will also examine issues involved in cross cultural communication, and learning when to talk and when to be silent in conversation. You will leave with an understanding of how we can communicate our messages more clearly.

Please Note: Workshops in Lexington are being held at two different locations:

Methodist Weekday School, 2600 Massachusetts Avenue, Lexington, MA

Temple Isaiah, 55 Lincoln Street, Lexington, MA

The location name for each workshop is listed under the workshop title

Curriculum Clinic: What Happens If...Preschool Investigations**Location: Methodist Weekday School****Monday, April 5, 2010 4:00 – 6:30 pm Fee: \$30**

Christy Harvey

EEC Core Competency: Learning Environments and Curriculum

Celebrate and support the natural curiosity and wonder in preschool-aged children. In this clinic we will discuss, explore, and experiment with how to create an environment that invites preschool children's explorations and investigations. You will learn how to work with the children to uncover their questions and ideas, and build activities and learning experiences that are meaningful to them and fun for all. Specific ideas will be shared about how to incorporate the learning needs of all preschool children into the investigative learning process.

Helping School-Age Children to Cooperate and Succeed by Understanding Individual Differences***Location: Methodist Weekday School****Monday, June 7, 2010 7:00 – 9:00 pm Fee: \$25**

Suzanne Wildman

EEC Core Competency: Guiding and Interacting

Explore a broad framework for comprehensively and compassionately understanding children, particularly those who may be baffling or frustrating in their behavior, interactions and/or approaches to learning. We will examine approaches and specific strategies for dealing with these children, based on an understanding of individual temperaments and learning styles. Come with questions and an open mind, and leave with a new perspective on the children in your program.

Quirky Kids: Understanding and Supporting Young Children Who Don't Easily Fit In***Location: Methodist Weekday School****Monday, May 10, 2010 7:00 – 9:00 pm Fee: \$25**

Cathy Parshley

EEC Core Competency: Growth and Development

Do you work with a child who is different from others in ways that are difficult to understand? They may be out of sync with their peer group, have difficulty managing their emotions, have unusual interests or demeanors, have a specific developmental delay or diagnosed special need, or struggle with anxiety. We will identify characteristics of these "quirky kids" and you will develop a deeper understanding of them. You will leave with specific strategies to support them in your program.

Can't make it to one of our workshops? We can bring training directly to you! We will help you design a customized training for your staff or parent group – the right training at the right time, right at your site!

"Our Center could not have been happier with the on-site training provided. We are a large center that provides care for children ranging from toddlers to school-age and needed a training that would benefit all ages. This difficult task was handled superbly and PRA was able to help choose a topic to accommodate all educators – it was just perfect for all the staff. The workshop was wonderful and the facilitator was amazing - professional, enthusiastic and shared great ideas and resources with the teachers. We are looking forward to scheduling additional trainings through PRA!"

~ Susan La Croix

Susan LaCroix, GLCAC, Inc. Child Care Center

"Over the years our teachers have attended workshops run by Parenting Resource Associates and felt the quality of the workshops was superior. Last year we turned to Parenting Resource Associates to provide an intensive all day on-site workshop on Supporting Children's Social Emotional Development and Working with Emotionally Reactive Children. The early childhood educators and family childcare providers who attended overwhelmingly felt it was one of the best and most useful trainings that they had attended."

~ Dean Solomon, Woburn Council of Social Concern



Workshops held at: *The Cottage Children's Center, 197 Union Street, Marlborough, MA (on the grounds of Marlborough Hospital)*

Quirky Kids: Understanding and Supporting Young Children Who Don't Easily Fit In*

Thursday, November 5, 2009 7:00 – 9:00 pm Fee: \$25
Cathy Parshley

EEC Core Competency: Growth and Development

Do you work with a child who is different from others in ways that are difficult to understand? They may be out of sync with their peer group, have difficulty managing their emotions, have unusual interests or demeanors, have a specific developmental delay or diagnosed special need, or struggle with anxiety. We will identify characteristics of these "quirky kids" and you will develop a deeper understanding of them. You will leave with specific strategies to support them in your program.

Connecting Developmentally Appropriate Practice to Curriculum Planning

Wednesday, December 2, 2009 7:00 – 9:00 pm Fee: \$25
Marie Enochty

EEC Core Competency: Program Planning and Development

The newly revised NAEYC Developmentally Appropriate Practice emphasizes the role of play and interactions in quality early care and education programs. We will explore the critical elements in providing developmentally appropriate curriculum and you will learn how to incorporate these elements into the early learning experiences that you plan for children.

Team and Program Building: Communicating Effectively with Colleagues

Thursday, January 14, 2010 7:00 – 9:00 pm Fee: \$25
Adam Mintz

EEC Core Competency: Professionalism and Leadership

When staff members work together effectively as a team the whole program benefits. Learn skills for communicating respectfully and assertively with colleagues, and look at the key elements of collaborative teamwork. Issues to be addressed include understanding the roles of various team and staff members, listening to others, expressing yourself effectively, coping with criticism, and problem solving within an early childhood program community.

Helping School Age Children to Cooperate and Succeed by Understanding Individual Differences*

Wednesday, February 3, 2010 7:00 – 9:00 pm Fee: \$25
Suzanne Wildman

EEC Core Competency: Guiding and Interacting

We will explore a broad framework for comprehensively and compassionately understanding children, particularly those who may be baffling or frustrating in their behavior, interactions and/or approaches to learning. We will examine approaches and specific strategies for dealing with these children, based on an understanding of individual temperaments and learning styles. Come with questions and an open mind, and leave with a new perspective on the children in your program.

Supporting Teen Parents

Tuesday, March 16, 2010 7:00 – 9:00 pm Fee: \$25
Nina Dickerman

EEC Core Competency: Partnering with Parents and Communities

Working with parents provides its challenges, but parents who are still teenagers themselves pose a whole new set of obstacles. Hormones, friends, and sense of self, in addition to becoming a parent can be tricky to navigate. We will examine adolescent development compared to the responsibilities of parenting, and explore strategies of how to help teen parents balance out the demands of both worlds.

Investigating Math and Science Experiences with Young Children

Wednesday, April 7, 2010 7:00 – 9:00 pm Fee: \$25
Marie Enochty

EEC Core Competency: Learning Environments and Curriculum

Math and science are integral and critical elements of curriculum for young children. Explore how to incorporate math and science experiences throughout your day. Renew your sense of wonder and curiosity in this hands-on workshop as you discover new and exciting activities that facilitate children's learning and support MA Guidelines and NAEYC criteria.

SPECIAL EVENT

The World of Difference - Understanding and Appreciating Diversity

Saturday, April 10, 2010 9:00 am – 3:00 pm Fee: \$80 (includes light lunch)
Marlies Zammuto

EEC Core Competency: Professionalism and Leadership

"Diversity exists when two or more people see themselves as different from one another." We will reflect on how to value, manage and celebrate diversity. Through active engagement in a variety of activities you will learn to look at yourself as an individual and identify your own unique diversity, as well as begin to understand how others define themselves. We will explore how biases and prejudices that individuals may not even be aware of impact their dealings with others. You will leave with strategies to help you apply these insights to your work with children and families and to empower children of many cultures, ethnicities, abilities and races.

Red Flags for Children's Mental Health*

Tuesday, May 4, 2010 7:00 – 9:00 pm Fee: \$25
Adam Mintz

EEC Core Competency: Guiding and Interacting

It is often difficult to assess emotional and behavioral issues of young children. What falls within the bounds of "normal" behavior? What are some of the behaviors that are indicative of mental health disorders in children? We will examine distinguishing factors to use when deciding if a child and family should be referred for mental health services, how to make a plan, and what to do next. Discussion will include stressors that particularly affect young children, fostering resilience, and what can be put into place at your program to decrease vulnerabilities in children.

Sensory Integration and Activities for Infants and Toddlers*

Thursday, June 10, 2010 7:00 – 9:00 pm Fee: \$25
Anne Marie Smith

EEC Core Competency: Growth and Development

Sensory integration refers to how children take in, process and respond to sensory input. We will examine the environmental considerations that teachers must make for children who respond differently to sensory input. Explore how to create and adapt sensory experiences that promote learning while respecting each child's unique sensory integration process. You will discover easy, inexpensive and engaging activities that foster a child's ability to stay calm and enjoy learning.

Understanding and Dealing with Separation Anxiety

Wednesday, August 4, 2010 7:00 – 9:00 pm Fee: \$25
Nancy Toso

EEC Core Competency: Guiding and Interacting

Separation anxiety is a normal, though often heart-wrenching occurrence in a young child's development. We will explore the developmental foundations of separation anxiety and discover strategies that will help the child, parents and teachers all successfully navigate through this difficult period.

Workshops held at: Whitney Place, 3 Vision Drive (Route 9 West), Natick, MA

Connecting Developmentally Appropriate Practice to Curriculum Planning

Tuesday, October 6, 2009 7:00 – 9:00 pm Fee: \$25
Marie Enocht

EEC Core Competency: Program Planning and Development

The newly revised NAEYC Developmentally Appropriate Practice emphasizes the role of play and interactions in quality early care and education programs. We will explore the critical elements in providing developmentally appropriate curriculum and you will learn how to incorporate these elements into the early learning experiences that you plan for children.

Directing With Vision and Clarity: A Special Seminar Series for Directors 4 part

Fridays, October 23 & November 20, 2009 and January 22 & March 12, 2010 10:00 am – 12:00 pm Fee: \$100
Susan MacDonald

EEC Core Competency: Professionalism and Leadership

Directing an early education or school-age center is not just an office job! You set the tone for your center, provide a role model for staff, parents and children, and maintain the “big picture” outlook that keeps your program on track. Join us for a unique opportunity to clarify and re-energize your vision.

*See page 18 for more details.***Switching Gears: Helping Children Manage Daily Transitions**

Tuesday, October 27, 2009 7:00 – 9:00 pm Fee: \$25
Debbie Weinstock-Savoy

EEC Core Competency: Program Planning and Development

What makes transitions so challenging for young children? We will identify daily transitions in early childhood programs as we explore children's perspectives and needs, individual differences, programmatic considerations, and reasonable expectations. You will learn how to support children to become more effective at managing the many transitions in their day and share strategies to help all children switch gears more smoothly.

Second Language Acquisition in Young Children*

Thursday, December 3, 2009 7:00 – 9:00 pm Fee: \$25
Anastasia Galanopoulos

EEC Core Competency: Growth and Development

Raising and teaching bilingual children is more and more a reality for both parents and educators today. Examine what research tells us about bilingualism and language delay, and explore both the benefits and challenges of the second language acquisition process. You will learn strategies for working with children whose first language is not English that you can implement in your program right away.

Yoga & Creative Movement PLAYshop

Thursday, January 21, 2010 7:00 – 9:00 pm Fee: \$25
Julie Simon and Kathy Cook

EEC Core Competency: Health, Safety and Nutrition

Move yoga off the mat and infuse relaxation and joy into your day! You will learn how to help children experience the joy of movement while expressing their creativity. Discover how to have fun together while increasing body awareness, coordination, self expression and cooperation. No yoga experience is necessary. Wear comfortable clothes and get ready to move, groove and relax.

Mental Health Issues in Young Children* 2 part

Thursdays, February 4 & 11, 2010 7:00 – 9:00 pm Fee: \$50
Jeanine Fitzgerald

EEC Core Competency: Guiding and Interacting

When should I worry about a child's social-emotional development? How will I know when to refer a child? We will reflect on our own attitudes about mental health, examine “red flags” as warning signs, consider how to create a comprehensive system from prevention to intervention, learn about the process of referral and evaluation, and share strategies for partnering with community resources.

Understanding and Handling Parent-Teacher Conflicts 2 part

Thursdays, March 4 & April 8, 2010 7:00 – 9:00 pm Fee: \$50
Suzanne Wildman

EEC Core Competency: Partnering with Families and Communities

Early childhood and school-age educators generally focus on the children in their programs, and realize that healthy parent/teacher partnerships support their ability to be successful in nurturing the “whole child”. However, teachers are often faced with tensions around communicating sensitive issues or resolving conflicts with parents. In this 2 part series we will examine the dynamics of parent/teacher conflicts, consider how our communication styles impact interactions, learn and practice effective communication and conflict resolution techniques, and share experiences.

SPECIAL EVENT

Discovering the Power of Intentional Language

with Scott Noyes Fee: \$80 (includes light lunch)
Saturday, March 13, 2010 9:00 am – 3:00 pm

EEC Core Competency: Guiding and Interacting

Don't miss this opportunity to spend a day with special guest presenter Scott Noyes to learn how to make our words mean what we intend to say. You will develop a deeper understanding of the impact of words.

*See page 15 for more details.***Managing Life Transitions***

Tuesday, May 11, 2010 7:00 – 9:00 pm Fee: \$25
Debbie Weinstock-Savoy

EEC Core Competency: Guiding and Interacting

Life is full of changes, and change can be stressful for young children. We will identify life transitions that young children may encounter, such as starting or changing schools, changing family circumstances, a new baby in the household, or moving to a new neighborhood, and explore strategies to support them through these situations. We will discuss children's reactions to transitions and learn what adults can do to help children cope more effectively.

Professional Ethics: Boss, Buddy, or Pal?

Thursday, June 3, 2010 7:00 – 9:00 pm Fee: \$25
Marcia Farris

EEC Core Competency: Professionalism and Leadership

Where do you draw the line that defines professional behavior? Are there clear limitations? We'll discuss these issues with the NAEYC Code of Ethics as our guide. We will address some fairly common situations that arise between administrators and teachers, teachers and teachers, teachers and parents, and even with children.

Fostering Young Children's Friendships and Social Skills*

Monday, July 12, 2010 7:00 – 9:00 pm Fee: \$25
Suzanne Wildman

EEC Core Competency: Guiding and Interacting

Do you know children who seem to struggle with basic skills related to peer relationships, such as approaching other children or groups, early empathy or voice modulation? We will identify specific social challenges faced by young children and explore strategies to help children learn how to make friends and interact appropriately with others.

Designing Meaningful Curriculum for ALL Infants*

Wednesday, August 11, 2010 7:00 – 9:00 pm Fee: \$25
Anne Marie Smith

EEC Core Competency: Learning Environments and Curriculum

Curriculum for infants? What is “developmentally appropriate” for infants? Discover how to create a physical and emotional environment that transforms everyday routines and experiences into learning opportunities for all infants. Learn the connection between relationships, interactions and curriculum, and how to best support infants' individual social/emotional, physical, language and sensory development.

Professional Development in Peabody

Please Note: Workshops in Peabody are being held at two different locations:

Peabody-Lynnfield YMCA, 259 Lynnfield Street, Peabody, MA

Kindercare Learning Center, 520 Lowell Street, Peabody, MA

The location name for each workshop is listed under the workshop title

Red Flags for Development*

Location: Kindercare Learning Center

Tuesday, September 22, 2009 7:00 – 9:00 pm

Fee: \$25

Kristin Fay

EEC Core Competency: Growth and Development

Early childhood educators must develop an awareness and understanding of developmental milestones as key indicators of a child's foundation skills. In this interactive workshop you will learn to systematically identify "red flags" that may indicate a need for intervention. We will explore resources and strategies to support and educate young children with diverse learning abilities in your program.

Different Children, Different Needs*

2 part

Location: Peabody-Lynnfield YMCA

Mondays, October 26 and November 2, 2009 6:30-8:30 pm

Fee: \$50

Jeanine Fitzgerald

EEC Core Competency: Guiding and Interacting

"Children are not things to be molded, but people to be unfolded." Explore the unique pattern of influences upon a child's behavior and development, with particular focus on inherited temperament and "the dance of interaction" between the child and the adult caregiver. You will learn how to recognize and assess children's temperaments in relation to your own and discover how this awareness can help you to effectively and positively work with each child in your program.

Creating Staff Meetings that Reflect the Vision of Your Program

2 part

Location: Peabody-Lynnfield YMCA

Fridays, November 6 and December 4, 2009 9:30-11:30 am

Fee: \$50

Susan MacDonald

EEC Core Competency: Professionalism and Leadership

Effective staff meetings can impact the quality of early care and education programs by creating a strong focus on the vision and goals of the program. We will explore how to plan, organize and conduct staff meetings that inspire growth and change. Session one will focus on setting long range professional development goals and designing meeting agendas that reflect these goals and increase staff participation, involvement and motivation. In session two you will expand your repertoire of meeting strategies, including hands on activities, ice breakers, role plays, story telling, visioning and using reflective exercises. An overview of adult learning styles and multiple intelligences will be incorporated into both sessions. You will be energized to create meaningful changes that totally transform how you utilize staff meeting time.

Designing Meaningful Infant-Toddler Curriculum

Location: Kindercare Learning Center

Wednesday, December 2, 2009 7:00 – 9:00 pm

Fee: \$25

Sandra Wittrup

EEC Core Competency: Learning Environments and Curriculum

Infants and toddlers are not "mini-preschoolers" – they deserve curriculum designed to meet their unique developmental needs. Discover how to create a physical and emotional environment that transforms everyday routines into learning opportunities. Examine what group time might look like for infants or toddlers. You will learn how to make and use materials and activities to support social/emotional, physical, language and sensory development.

Planning for School-Age Vacation Weeks

Location: Kindercare Learning Center

Wednesday, January 13, 2010 7:00 – 9:00 pm

Fee: \$25

Marie Enochty

EEC Core Competency: Program Planning and Development

Think outside the box as you plan programs for school-age vacation weeks. Explore strategies to expand programming during vacations and share a variety of resources. Out of school time programs have opportunities to offer experiences that will excite the children who participate, as well as the staff. Discussion will include funding, staffing and marketing.

Curriculum Clinic: Blocks and Building Skills

Location: Kindercare Learning Center

Monday, January 25, 2010 4:00 – 6:30 pm

Fee: \$30

Christy Harvey

EEC Core Competency: Learning Environments and Curriculum

It is time to rethink the block area!! This clinic will focus on a variety of wonderful ways to integrate rich learning activities into a well-designed and well-equipped block area. We will uncover the potential learning experiences that are hidden in the block area, such as language development, problem solving skills, social-emotional development, and imaginative play. You will also discover fun and easy ideas on how to strengthen your behavior management skills in this active part of your classroom. Specific examples of how the block area can be an accessible and positive learning experience for preschool children with varying needs and abilities will be shared.

Switching Gears: Helping Children Manage Daily Transitions

Location: Kindercare Learning Center

Wednesday, February 10, 2010 7:00 – 9:00 pm

Fee: \$25

Victoria Hackett

EEC Core Competency: Program Planning and Development

What makes transitions so challenging for young children? We will identify daily transitions in early childhood programs as we explore children's perspectives and needs, individual differences, programmatic considerations, and reasonable expectations. You will learn how to support children to become more effective at managing the many transitions in their day and share strategies to help all children switch gears more smoothly.

Effective Collaboration between Parents and Professionals

Location: Kindercare Learning Center

Tuesday, March 23, 2010 7:00 – 9:00 pm

Fee: \$25

Jada Carlson

EEC Core Competency: Partnering with Families and Communities

Good parent-professional partnerships are an essential ingredient of quality early care and education programs. We will explore strategies for effective collaboration between parents and professionals to ensure "best practice" and provide appropriate interventions for children as needed. Through discussion and interactive activities you will learn the importance of relationship building and the value of understanding the roles and perspectives of both the parents and professionals.

Go Green  Register Online!
www.compassforkids.org

Please Note: Workshops in Peabody are being held at two different locations:

Peabody-Lynnfield YMCA, 259 Lynnfield Street, Peabody, MA

Kindercare Learning Center, 520 Lowell Street, Peabody, MA

The location name for each workshop is listed under the workshop title

Adapting Curriculum and Environments to Meet Individual Needs***Location: Kindercare Learning Center****Tuesday, April 6, 2010 7:00 – 9:00 pm Fee: \$25***Kristin Fay*

EEC Core Competency: Learning Environments and Curriculum

How do you design an environment and curriculum that successfully foster the development of all young children? You will gain an understanding of differentiated teaching, strategies for individualized learning experiences, and contextual planning as you develop your repertoire of teaching techniques. Discussion will include how to create schedules, routines, transition processes, and adaptations to the learning environment in order to support young children with disabilities in the inclusive early childhood setting.

Hooray for a Rainy Day!**Location: Kindercare Learning Center****Thursday, May 6, 2010 7:00 – 9:00 pm Fee: \$25***Janna Kucharski-Howard*

EEC Core Competency: Learning Environments and Curriculum

Do you just dread rainy days? Change your outlook and increase your repertoire of fun indoor gross motor activities. Learn how to creatively involve young children and gain a better understanding of the benefits of typical developmental movement patterns. We will consider concerns and share strategies regarding limited space as we discover numerous new ideas for indoor fun!

SPECIAL EVENT**Special Mini-Conference: Sensory Integration and Activities*****Location: Kindercare Learning Center****Saturday, May 22, 2010 9:00 am – 12:30 pm Fee: \$45***Cathy Parshley, Anne Marie Smith and Kathy Durland*

EEC Core Competency: Guiding and Interacting

Sensory integration and processing refers to how children take in, process, interpret, and respond to sensory input. Disruption of this process can impede a child's functioning and is often a factor in social-emotional and behavioral issues. Join us as we identify sensory integration developmental milestones from birth to age 6, and explore the environmental considerations that teachers must make for children who respond differently to sensory input. Learn how to create and adapt sensory experiences with a variety of therapeutic materials and practical strategies that promote learning while respecting each child's unique sensory integration process.

See page 15 for more details.*Helping School Age Children to Cooperate and Succeed by Understanding Individual Differences*****Location: Kindercare Learning Center****Wednesday, June 2, 2010 7:00 – 9:00 pm Fee: \$25***Suzanne Wildman*

EEC Core Competency: Guiding and Interacting

We will explore a broad framework for comprehensively and compassionately understanding children, particularly those who may be baffling or frustrating in their behavior, interactions and/or approaches to learning. We will examine approaches and specific strategies for dealing with these children, based on an understanding of individual temperaments and learning styles. Come with questions and an open mind, and leave with a new perspective on the children in your program.

Curriculum Clinic: The Great Outdoors**Location: Kindercare Learning Center****Thursday, June 10, 2010 4:00 – 6:30 pm Fee: \$30***Cathy Parshley, Anne Marie Smith, Kathy Durland*

EEC Core Competency: Learning Environments and Curriculum

Discover the amazing learning experiences that can take place outside the walls of your classroom! Whether playing a new game or lying on the ground gazing at the sky, the children in your program can become inspired by playing and learning outside. We will explore easy activities for small and large groups that can be used at the spur of the moment, or on that perfect puddle-jumping day. Learn how to bring the spirit of the outdoors back into the classroom for further investigation and fun. Specific ideas will be shared about how to incorporate the learning needs of all preschool children into outdoor activities.

Yoga & Creative Movement PLAYshop**Location: Kindercare Learning Center****Tuesday, July 27, 2010 7:00 – 9:00 pm Fee: \$25***Julie Simon and Kathy Cook*

EEC Core Competency: Health, Safety and Nutrition

Move yoga off the mat and infuse relaxation and joy into your day! You will learn how to help children experience the joy of movement while expressing their creativity. Discover how to have fun together while increasing body awareness, coordination, self expression and cooperation. No yoga experience is necessary. Wear comfortable clothes and get ready to move, groove and relax.

Make sure to also see our Special Event in Danvers!**The World of Difference - Understanding and Appreciating Diversity****Location: First Steps, North Shore ARC, 6 Southside Road, Danvers, MA****Saturday, November 14, 2009 9:00 am – 3:00 pm***Marlies Zammuto* **Fee: \$80 (includes light lunch)**

EEC Core Competency: Professionalism and Leadership

"Diversity exists when two or more people see themselves as different from one another." We will reflect on how to value, manage and celebrate diversity. Through active engagement in a variety of activities you will learn to look at yourself as an individual and identify your own unique diversity, as well as begin to understand how others define themselves. We will explore how biases and prejudices that individuals may not even be aware of impact their dealings with others. You will leave with strategies to help you apply these insights to your work with children and families and to empower children of many cultures, ethnicities, abilities and races.

Check out these websites for information on early care and education programming, policy and research:

- <http://www.naeyc.org/>
- <http://www.nncc.org/homepage.html>
- <http://nieer.org/>
- <http://www.developingchild.harvard.edu/>
- <http://www.earlychildhoodnews.com/default.aspx>

COMPASS FOR KIDS ~ Guiding Educators in Positive Directions

Professional Development Programs 2009-2010

All workshops are 7:00-9:00 pm unless otherwise indicated.

	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	
CAMBRIDGE	<p><i>Workshops held at:</i> Cambridge Family YMCA 820 Massachusetts Avenue, Cambridge, MA</p> <p>Quirky Kids: Understanding and Supporting Young Children Who Don't Easily Fit In*</p> <p>Wednesday September 30, 2009</p>	<p>Basic Discipline Strategies for Young Children</p> <p>Tuesday October 20, 2009</p>	<p>Positive Language Tuesday November 3, 2009</p> <p>Children with Challenging Behavior*</p> <p>Tuesday November 17, 2009</p>	<p>What's So Funny? Using Humor with Young Children</p> <p>Monday December 7, 2009</p>	<p>The Floortime Approach: Meeting Individual Needs in Early Childhood Groups*</p> <p>Monday January 11, 2010</p>	
CANTON	<p><i>Workshops held at:</i> Cole-Harrington Children's Center and Family Childcare System 605 Neponset Street Canton, MA</p>		<p>Children's Books: The Right Book for the Right Child at the Right Time</p> <p>Tuesday November 10, 2009</p>	<p>The Power of Telling Stories</p> <p>Tuesday December 8, 2009</p>	<p>Playing with Puppets* Tuesday January 12, 2009</p> <p>Parent-Teacher Conflicts Mondays January 25 and February 8, 2010</p>	
LEXINGTON	<p><i>Workshops held at:</i> Methodist Weekday School 2600 Massachusetts Avenue Lexington, MA</p> <p>OR</p> <p>Temple Isaiah 55 Lincoln Street Lexington, MA</p>	<p>Getting Children to Listen: Communication Strategies that Work with Young Children</p> <p>Monday September 21, 2009 Methodist Weekday School</p>	<p>Get Ready to Write*</p> <p>NEW</p> <p>Wednesday October 21, 2009 Temple Isaiah</p>	<p>Curriculum Clinic: Celebrating History and Traditions</p> <p>NEW</p> <p>Monday November 9, 2009 4:00 - 6:30 pm Methodist Weekday School</p>	<p>Trauma, Self-Regulation and Coping Skills*</p> <p>Thursday December 3, 2009 Temple Isaiah</p>	<p>Adapting Curriculum and Environments to Meet Individual Needs*</p> <p>Monday January 11, 2010 Methodist Weekday School</p>
MARLBOROUGH	<p><i>Workshops held at:</i> The Cottage Children's Center (on the grounds of Marlborough Hospital) 197 Union Street Marlborough, MA</p>		<p>Quirky Kids: Understanding and Supporting Young Children Who Don't Easily Fit In*</p> <p>Thursday November 5, 2009</p>	<p>Connecting Developmentally Appropriate Practice to Curriculum Planning</p> <p>NEW</p> <p>Wednesday December 2, 2009</p>	<p>Team and Program Building: Communicating Effectively with Colleagues</p> <p>Thursday January 14, 2010</p>	
NATICK	<p><i>Workshops held at:</i> Whitney Place 3 Vision Drive (Route 9 West) Natick, MA</p>	<p>Curriculum Planning Tuesday, Oct. 6, 2009</p> <p>Directing/Vision & Clarity Fridays, 10:00 am - 12:00 pm Oct. 23 & Nov. 20, 2009, Jan. 22 & Mar. 12, 2010</p> <p>Daily Transitions Tuesday, Oct. 27, 2009</p>		<p>Second Language Acquisition in Young Children*</p> <p>Thursday December 3, 2009</p>	<p>Yoga & Creative Movement PLAYshop</p> <p>NEW</p> <p>Thursday January 21, 2010</p>	
PEABODY	<p><i>Workshops held at:</i> Peabody-Lynnfield YMCA 259 Lynnfield Street Peabody, MA</p> <p>OR</p> <p>Kindercare Learning Center 520 Lowell Street Peabody, MA</p>	<p>Red Flags for Development*</p> <p>Tuesday September 22, 2009 Kindercare Learning Center</p>	<p>Different Children, Different Needs*</p> <p>NEW</p> <p>Mondays October 26 and November 2, 2009 6:30 - 8:30 pm Peabody-Lynnfield YMCA</p>	<p>Creating Staff Meetings that Reflect the Vision of Your Program</p> <p>NEW</p> <p>Fridays November 6 and December 4, 2009 9:30 - 11:30 am Peabody-Lynnfield YMCA</p>	<p>Designing Meaningful Infant-Toddler Curriculum</p> <p>NEW</p> <p>Wednesday December 2, 2009 Kindercare Learning Center</p>	<p>School-Age Vacation Weeks Wednesday January 13, 2010 Kindercare Learning Center</p> <p>Curriculum Clinic: Blocks Monday, 4:00 - 6:30 pm January 25, 2010 Kindercare Learning Center</p>
DANVERS	<p><i>Workshops held at:</i> First Steps, North Shore ARC 6 Southside Road Danvers, MA</p>		<p>The World of Difference - Understanding and Appreciating Diversity</p> <p>NEW</p> <p>Saturday November 14, 2009 9:00 am - 3:00 pm First Steps, North Shore ARC</p>		<p>NEW</p>	

*Special Needs Training Topic

All workshops are 7:00-9:00 pm unless otherwise indicated.

FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY/AUGUST	
<p>Creating Effective and Positive Learning Environments</p> <p>Tuesday February 23, 2010</p>	<p>Red Flags for Children's Mental Health*</p> <p>Wednesday March 17, 2010</p>	<p>The Special Needs of Parents of Infants</p> <p>Monday April 12, 2010</p>	<p>Sizzling Summer Programs</p> <p>NEW</p> <p>Wednesday May 5, 2010</p>	<p>Second Language Acquisition in Young Children*</p> <p>Monday June 7, 2010</p>	<p>Nature in the City</p> <p>NEW</p> <p>Tuesday July 20, 2010</p>	CAMBRIDGE
	<p>Planning for School-Age Vacation Weeks</p> <p>NEW</p> <p>Monday March 15, 2010</p>	<p>Infant and Toddler Motor Development*</p> <p>NEW</p> <p>Thursday April 15, 2010</p>	<p>Understanding and Working with Autism Spectrum Disorders*</p> <p>Wednesday May 12, 2010</p>	<p>Team and Program Building: Communicating Effectively with Colleagues</p> <p>Tuesday June 8, 2010</p>	<p>Fostering Young Children's Friendships and Social Skills*</p> <p>Tuesday August 10, 2010</p>	CANTON
<p>Taking Care of Yourself</p> <p>Wednesday February 10, 2010 Temple Isaiah</p>	<p>Communicating Effectively: Is Anyone Listening?</p> <p>NEW</p> <p>Mondays March 15 & 22, 2010 Temple Isaiah</p>	<p>Curriculum Clinic: <i>What Happens If...Preschool Investigations</i></p> <p>NEW</p> <p>Monday April 5, 2010 4:00 - 6:30 pm Methodist Weekday School</p>	<p>Quirky Kids: Understanding and Supporting Young Children Who Don't Easily Fit In*</p> <p>Monday May 10, 2010 Methodist Weekday School</p>	<p>School-Age Temperament*</p> <p>Monday June 7, 2010 Methodist Weekday School</p>		LEXINGTON
<p>School-Age Temperament*</p> <p>Wednesday February 3, 2010</p>	<p>Supporting Teen Parents</p> <p>NEW</p> <p>Tuesday March 16, 2010</p>	<p>Math and Science</p> <p>Wednesday April 7, 2010</p> <p>The World of Difference</p> <p>NEW</p> <p>Saturday April 10, 2010 9:00 am - 3:00 pm</p>	<p>Red Flags for Children's Mental Health*</p> <p>Tuesday May 4, 2010</p>	<p>Sensory Integration and Activities for Infants and Toddlers*</p> <p>Thursday June 10, 2010</p>	<p>Understanding and Dealing with Separation Anxiety</p> <p>Wednesday August 4, 2010</p>	MARLBOROUGH
<p>Mental Health Issues in Young Children*</p> <p>Thursdays February 4 & 11, 2010</p>	<p>Parent-Teacher Conflicts</p> <p>Thursdays March 4 & April 8, 2010</p> <p>Discovering the Power of Intentional Language</p> <p>Saturday March 13, 2010 9:00 am - 3:00 pm</p>		<p>Managing Life Transitions*</p> <p>NEW</p> <p>Tuesday May 11, 2010</p>	<p>Professional Ethics: Boss, Buddy, or Pal?</p> <p>NEW</p> <p>Thursday June 3, 2010</p>	<p>Fostering Young Children's Friendships and Social Skills*</p> <p>Monday July 12, 2010</p> <p>Infant Curriculum*</p> <p>Wednesday August 11, 2010</p>	NATICK
<p>Helping Children Manage Daily Transitions</p> <p>Wednesday February 10, 2010 Kindercare Learning Center</p>	<p>Effective Collaboration between Parents and Professionals</p> <p>Tuesday March 23, 2010 Kindercare Learning Center</p>	<p>Adapting Curriculum and Environments to Meet Individual Needs*</p> <p>Tuesday April 6, 2010 Kindercare Learning Center</p>	<p>Hooray for a Rainy Day!</p> <p>Thursday, May 6, 2010 Kindercare Learning Center</p> <p>Sensory Integration and Activities*</p> <p>Saturday, May 22, 2010 9:00 am - 12:30 pm Kindercare Learning Center</p>	<p>School-Age Temperament*</p> <p>Wednesday, June 2, 2010 Kindercare Learning Center</p> <p>Curriculum Clinic: <i>The Great Outdoors</i></p> <p>Thursday, June 10, 2010 4:00 - 6:30 pm Kindercare Learning Center</p>	<p>Yoga & Creative Movement PLAYshop</p> <p>NEW</p> <p>Tuesday July 27, 2010 Kindercare Learning Center</p>	PEABODY
				<p>NEW</p>		DANVERS

*Special Needs Training Topic

Special Events

Featured Topics and Presenters

CURRICULUM CLINICS

Each Curriculum Clinic will focus on a particular area of your curriculum, providing a more in-depth exploration of the goals, learning experiences and documentation strategies for that area. Register for one or more, and transform your program!

Christy Harvey

Fee: \$30 per Clinic

EEC Core Competency: Learning Environments and Curriculum

Celebrating History and Traditions

Location: Methodist Weekday School, 2600 Massachusetts Avenue, Lexington, MA

Monday, November 9, 2009 4:00-6:30 pm

Each child comes to us with his or her own family and community history and traditions. We will focus on the meaningful ways in which children can learn about and connect with history and traditions – their own, as well as ones from all around the world, and how you can incorporate these into your curriculum. We will highlight a wonderful array of children’s literature and share ideas for how to provide unique hands-on learning experiences that emphasize the importance of history, tradition and celebration in a person’s life. You will learn how history and traditions impact children’s social and emotional development, and specific strategies about how to introduce related concepts and activities to preschool children of all learning abilities.

Blocks and Building Skills

Location: Kindercare Learning Center, 520 Lowell Street, Peabody, MA

Monday, January 25, 2010 4:00-6:30 pm

It is time to rethink the block area!! This clinic will focus on a variety of wonderful ways to integrate rich learning activities into a well-designed and well-equipped block area. We will uncover the potential learning experiences that are hidden in the block area, such as language development, problem solving skills, social-emotional development, and imaginative play. You will also discover fun and easy ideas on how to strengthen your behavior management skills in this active part of your classroom. Specific examples of how the block area can be an accessible and positive learning experience for preschool children with varying needs and abilities will be shared.

What Happens If...Preschool Investigations

Location: Methodist Weekday School, 2600 Massachusetts Avenue, Lexington, MA

Monday, April 5, 2010, 4:00-6:30 pm

Celebrate and support the natural curiosity and wonder in preschool-aged children. In this clinic we will discuss, explore, and experiment with how to create an environment that invites preschool children’s explorations and investigations. You will learn how to work with the children to uncover their questions and ideas, and build activities and learning experiences that are meaningful to them and fun for all. Specific ideas will be shared about how to incorporate the learning needs of all preschool children into the investigative learning process.

The Great Outdoors

Location: Kindercare Learning Center, 520 Lowell Street, Peabody, MA

Thursday, June 10, 2010 4:00-6:30 pm

Discover the amazing learning experiences can take place outside the walls of your classroom! Whether playing a new game or lying on the ground gazing at the sky, the children in your program can become inspired by playing and learning outside. We will explore easy activities for small and large groups that can be used at the spur of the moment, or on that perfect puddle-jumping day. Learn how to bring the spirit of the outdoors back into the classroom for further investigation and fun. Specific ideas will be shared about how to incorporate the learning needs of all preschool children into outdoor activities.

Christy Harvey has worked as an early childhood professional for over 20 years. She has a wealth of experience as a preschool teacher, program coordinator, center director, consultant and adult educator, as well as expertise in NAEYC Accreditation and environmental design.

POPULAR ONSITE TRAINING TOPICS:

- Team Building/Communicating Effectively with Co-Workers
- Promoting Young Children’s Social Development
- Sensory Integration and Activities
- Promoting Positive Behavior
- Creativity, The Arts and Young Children
- Learning through Play

Featured Topics and Presenters

SPECIAL PRESENTATIONS WITH JEANINE FITZGERALD

Different Children, Different Needs*

2 part

Location: Peabody-Lynnfield YMCA, 259 Lynnfield Street, Peabody, MA Mondays, October 26 and November 2, 2009 6:30-8:30 pm Fee: \$50

EEC Core Competency: Guiding and Interacting

"Children are not things to be molded, but people to be unfolded." We will explore the unique pattern of influences upon a child's behavior and development, with particular focus on inherited temperament and "the dance of interaction" between the child and the adult caregiver. You will learn how to recognize and assess children's temperaments in relation to your own and discover how this awareness can help you to effectively and positively work with each child in your program.

Mental Health Issues in Young Children*

2 part

Location: Whitney Place, 3 Vision Drive (Route 9 West), Natick, MA

Thursdays, February 4 & 11, 2010 7:00 – 9:00 pm Fee: \$50

EEC Core Competency: Guiding and Interacting

When should I worry about a child's social-emotional development? How will I know when to refer a child? We will reflect on our own attitudes about mental health, examine "red flags" as warning signs, consider how to create a comprehensive system from prevention to intervention, learn about the process of referral and evaluation and share strategies for partnering with community resources.

Jeanine Fitzgerald, a certified Human Behavior Specialist, has more than 30 years of experience as a certified teacher and licensed mental health professional. The owner of The Better Behavior Bureau and The Behavior Institute, Jeanine understands the promise of every child, as well as the diversity of their needs. She specializes in research-based strategies that help teachers implement positive interventions in "real world settings". As an author, speaker, consultant and trainer, Jeanine has worked with thousands of educators and parents across the country.

The World of Difference - Understanding and Appreciating Diversity

Location: First Steps, North Shore ARC, 6 Southside Road, Danvers, MA

Saturday, November 14, 2009 9:00 am – 3:00 pm

OR

Location: The Cottage Children's Center, 197 Union Street, Marlborough, MA

Saturday, April 10, 2010 9:00 am – 3:00 pm

Marlies Zammuto Fee: \$80 (includes light lunch)

EEC Core Competency: Professionalism and Leadership

"Diversity exists when two or more people see themselves as different from one another." Join us to reflect on how to value, manage and celebrate diversity. With a statewide focus on "cultural competence", this event will help you gain insight into your own identity and provide strategies to apply these insights to your work with children and families. Through active engagement in a variety of activities you will learn to look at yourself as an individual and identify your own unique diversity, as well as begin to understand how others define themselves. We will explore how biases and prejudices that individuals may not even be aware of impact their dealings with others. You will leave with a better understanding of how to empower children of many cultures, ethnicities, abilities and races.

Marlies Zammuto has been an educator of infants through elders for over thirty five years, working with children, families, early education and school-age professionals, employers and health and human service professionals in many diverse settings and communities locally, statewide, nationally and internationally. She has conceptualized, developed and implemented a variety of innovative education and support models to enhance the work of parents and professionals.

Discovering the Power of Intentional Language with Scott Noyes

Location: Whitney Place, 3 Vision Drive (Route 9 West), Natick, MA

Saturday, March 13, 2010 9:00 am – 3:00 pm

Fee: \$80 (includes light lunch)

EEC Core Competency: Guiding and Interacting

Sometimes without even realizing it, what we say to children and what we mean don't line up. Join dynamic guest presenter Scott Noyes to evaluate common phrases we use throughout the day with young children and gain a deeper understanding of the impact of our words. We will focus on many common expressions that adults use when talking with children (many of which came directly to us from our own parents). Explore how to change restrictive language to responsive language, word choice, open-ended questions, body language, tone and self-defeating patterns. You will come away with strategies to avoid common pitfalls and learn how we can find ways to better express ourselves to support healthy relationships.

Scott Noyes has been professionally working, playing and talking about children for over 20 years. The founder of Empowering Programs, he has an extensive background in early childhood education, with experience as a lead teacher, primary care provider and center director. Currently, Scott teaches undergraduate and graduate courses, lectures throughout North America, and is known for his humor and the practical strategies he shares.

Special Mini-Conference: Sensory Integration and Activities*

Location: Kindercare Learning Center, 520 Lowell Street, Peabody, MA

Saturday, May 22, 2010 9:00 am – 12:30 pm

Fee: \$45

Cathy Parshley, Anne Marie Smith and Kathy Durland

EEC Core Competency: Guiding and Interacting

Sensory integration and processing refers to how children take in, process, interpret, and respond to sensory input. This process has a major impact on children's feelings, interactions, ability to focus on activities and motor skill development. Disruption of this process can impede a child's functioning and is often a factor in social-emotional and behavioral issues. Join us as we identify sensory integration developmental milestones from birth to age 6, and examine how the different sensory systems contribute to everyday functioning. We will then work in age-related groups (infant, toddler, or preschooler) to explore the environmental considerations that teachers must make for children who respond differently to sensory input. Learn how to create and adapt sensory experiences with a variety of therapeutic materials and practical strategies that promote learning while respecting each child's unique sensory integration process. You will discover easy, inexpensive and engaging activities that can easily be incorporated into your curriculum to foster a child's ability to stay calm and enjoy learning.

Cathy Parshley has worked in the Early Intervention field for over 30 years, providing diagnostic, assessment, therapeutic, programming and training services to children, families and professionals in the greater New England area.

Anne Marie Smith has over 20 years of extensive experience as a Certified Occupational Therapy Assistant in a variety of settings, including pediatric and early intervention. She is a college instructor and facilitates training for infant, toddler and preschool educators throughout Massachusetts.

Kathy Durland is an Occupational Therapist who has worked for over 25 years in a variety of medical and educational settings. Her work includes evaluating children and developing and implementing treatment programs, working with parents and consulting to other professionals.

Go Green  Register Online!
www.compassforkids.org

Designing Meaningful Infant-Toddler Curriculum

Location: *Kindercare Learning Center, 520 Lowell Street, Peabody, MA*
Wednesday, December 2, 2009 7:00 – 9:00 pm **Fee: \$25**
Sandra Wittrup

EEC Core Competency: Learning Environments and Curriculum
 Infants and toddlers are not “mini-preschoolers” – they deserve curriculum designed to meet their unique developmental needs. Discover how to create a physical and emotional environment that transforms everyday routines into learning opportunities. Examine what group time might look like for infants or toddlers. You will learn how to make and use materials and activities to support social/emotional, physical, language and sensory development.

The Floortime Approach: Meeting Individual Needs in Early Childhood Groups*

Location: *Cambridge Family YMCA, 820 Massachusetts Avenue, Cambridge, MA*
Monday, January 11, 2010 7:00 – 9:00 pm **Fee: \$25**
Cathy Parshley

EEC Core Competency: Growth and Development
 Discover how the Floortime approach, a technique of interacting one-on-one with a child (often on the floor), can help you address and support children’s individual needs. Floortime helps you better understand the developmental challenges some children face and helps move them to higher levels of social interaction and play. You will learn specific strategies involved in carrying out a successful Floortime session and we will discuss how to integrate Floortime into the day to benefit each child. This approach can be used successfully for infants, toddlers and preschoolers.

The Special Needs of Parents of Infants

Location: *Cambridge Family YMCA, 820 Massachusetts Avenue, Cambridge, MA*
Monday, April 12, 2010 7:00 – 9:00 pm **Fee: \$25**
Anne Marie Smith

EEC Core Competency: Partnering with Families and Communities
 Parents of infants (especially first time parents) often require a different style of communication. Examine how to communicate effectively with parents of infants by learning how to share developmental information in a non-judgmental way, as well as how to communicate with parents about sensitive issues. Discover how to approach discussions with an open-minded attitude, and how to partner with parents when there is a difference in caretaking philosophy. Establishing trusting relationship with parents will help produce a positive, stable environment to support infants’ optimal development.

Infant and Toddler Motor Development*

Location: *Cole-Harrington, 605 Neponset Street, Canton, MA*
Thursday, April 15, 2010 7:00 – 9:00 pm **Fee: \$25**
Marion Sitomer

EEC Core Competency: Growth and Development
 It seems mysterious to many of us that babies learn to roll over, sit, manipulate objects with their hands, crawl, and eventually walk. We will explore some key experiences, starting before birth, that support the development of muscle groups, sense of balance and movement, and body in space awareness. You will learn how to assist infants and toddlers to meet their motor milestones through positioning, play and stimulation. You will gain a better understanding of the forces behind early motor development, as well as strategies you can use to promote it.

Sensory Integration and Activities for Infants and Toddlers*

Location: *The Cottage Children’s Center, 197 Union Street, Marlborough, MA*
Thursday, June 10, 2010 7:00 – 9:00 pm **Fee: \$25**
Anne Marie Smith

EEC Core Competency: Growth and Development
 Sensory integration refers to how children take in, process and respond to sensory input. We will examine the environmental considerations that teachers must make for children who respond differently to sensory input. Explore how to create and adapt sensory experiences that promote learning while respecting each child’s unique sensory integration process. You will discover easy, inexpensive and engaging activities that foster a child’s ability to stay calm and enjoy learning.

Designing Meaningful Curriculum for ALL Infants*

Location: *Whitney Place, 3 Vision Drive (Route 9 West), Natick, MA*
Wednesday, August 11, 2010 7:00 – 9:00 pm **Fee: \$25**
Anne Marie Smith

EEC Core Competency: Learning Environments and Curriculum
 Curriculum for infants? What is “developmentally appropriate” for infants? Discover how to create a physical and emotional environment that transforms everyday routines and experiences into learning opportunities for all infants. Learn the connection between relationships, interactions and curriculum, and how to best support infants’ individual social/emotional, physical, language and sensory development.

“This workshop will help me do my job better and help me to grow.”

“All babies and toddlers need positive early learning experiences to foster their intellectual, social and emotional development and lay the foundation for later school success...All child-care arrangements...have the potential to provide high-quality, individualized, responsive and stimulating experiences that occur within the context of strong relationships and which are imbedded in everyday routines.”

Zero to Three
http://www.zerotothree.org/site/PageServer?pagename=key_education

Find technical assistance resources from EEC:
http://www.eec.state.ma.us/kr_ta.aspx

Planning for School-Age Vacation Weeks

Location: *Kindercare Learning Center, 520 Lowell Street, Peabody, MA*
Wednesday, January 13, 2010 7:00 – 9:00 pm **Fee: \$25**

OR

Location: *Cole-Harrington, 605 Neponset Street, Canton, MA*
Monday, March 15, 2010 7:00 – 9:00 pm **Fee: \$25**
Marie Enochty

EEC Core Competency: Program Planning and Development

Think outside the box as you plan programs for school-age vacation weeks. We will explore strategies to expand programming during vacations and share a variety of resources. Out of school time programs have opportunities to offer experiences that will excite the children who participate, as well as the staff. Discussion will include funding, staffing and marketing.

Helping School-Age Children to Cooperate and Succeed by Understanding Individual Differences*

Location: *The Cottage Children's Center, 197 Union Street, Marlborough, MA*
Wednesday, February 3, 2010 7:00 – 9:00 pm **Fee: \$25**

OR

Location: *Kindercare Learning Center, 520 Lowell Street, Peabody, MA*
Wednesday, June 2, 2010 7:00 – 9:00 pm **Fee: \$25**

OR

Location: *Methodist Weekday School, 2600 Massachusetts Avenue, Lexington, MA*
Monday, June 7, 2010 7:00 – 9:00 pm **Fee: \$25**
Suzanne Wildman

EEC Core Competency: Guiding and Interacting

We will explore a broad framework for comprehensively and compassionately understanding children, particularly those who may be baffling or frustrating in their behavior, interactions and/or approaches to learning. We will examine approaches and specific strategies for dealing with these children, based on an understanding of individual temperaments and learning styles. Come with questions and an open mind, and leave with a new perspective on the children in your program.

Understanding and Handling Parent-Teacher Conflicts

2 part

Location: *Cole-Harrington, 605 Neponset Street, Canton, MA*
Mondays, January 25 & February 8, 2010 7:00 – 9:00 pm **Fee: \$50**

OR

Location: *Whitney Place, 3 Vision Drive (Route 9 West), Natick, MA*
Thursdays, March 4 & April 8, 2010 7:00 – 9:00 pm **Fee: \$50**
Suzanne Wildman

EEC Core Competency: Partnering with Families and Communities

Early childhood and school-age educators generally focus on the children in their programs, and realize that healthy parent-teacher partnerships support the ability to be successful in nurturing the “whole child”. However, teachers are often faced with tensions around communicating sensitive issues or resolving conflicts with parents. In this 2 part series we will examine the dynamics of parent/teacher conflicts, consider how our communication styles impact interactions, learn and practice effective communication and conflict resolution techniques and share experiences.

Managing Life Transitions*

Location: *Whitney Place, 3 Vision Drive (Route 9 West), Natick, MA*
Tuesday, May 11, 2010 7:00 – 9:00 pm **Fee: \$25**
Debbie Weinstock-Savoy

EEC Core Competency: Guiding and Interacting

Life is full of changes, and change can be stressful for young children. We will identify life transitions that young children may encounter, such as starting or changing schools, changing family circumstances, a new baby in the household, or moving to a new neighborhood, and explore strategies to support them through these situations. We will discuss children's reactions to transitions and learn what adults can do to help children cope more effectively.

“It is widely understood that positive youth outcomes are directly linked to both the quality of relationships staff have with children and youth every day, and the quality of the programming that supports learning, engagement and creative expression. Without question, direct-care workers and program leaders are the most valuable resources in youth-serving organizations.”

BOSTnet State of the Field Report: State of the Field: Volume 3, Issue 4 – 2009

“The major pathway uncovered...was that staff engagement is significantly related to higher quality activities and homework assistance and is, in fact, the prerequisite for having fully engaged youth, which ultimately becomes the key factor leading to positive youth outcomes.”

*Pathways to success for youth: What works in afterschool:
 A report of the Massachusetts Afterschool Research Study (MARS)*

Directing With Vision and Clarity: A Special Seminar Series for Directors

4 part

Location: Whitney Place, 3 Vision Drive (Route 9 West), Natick, MA
Fridays, October 23 & November 20, 2009 and January 22 & March 12, 2010

10:00 am – 12:00 pm

Fee: \$100

Susan MacDonald

EEC Core Competency: Professionalism and Leadership

Directing an early education or school-age center is not just an office job! You set the tone for your center, provide a role model for staff, parents and children, and maintain the “big picture” outlook that keeps your program on track. But the day-to-day challenges of running a center often leave little time for reflection or long-range planning. Join us for a unique opportunity to clarify and re-energize your vision. We will explore the framework and impact of intentionality and how to use your vision or mission statement to focus your work. You will discover how intentionality can provide new insights into how deliberate actions can enhance all aspects of your program and strengthen your professional relationships. Effective strategies for managing your time to accomplish your goals and dreams will be shared. You will discover new ways to motivate and inspire your staff to become more intentional in their classrooms and develop a personal action plan to thrive as a leader.

Creating Staff Meetings that Reflect the Vision of Your Program

2 part

Location: Peabody-Lynnfield YMCA, 259 Lynnfield Street, Peabody, MA
Fridays, November 6 and December 4, 2009 9:30-11:30 am Fee: \$50
 Susan MacDonald

EEC Core Competency: Professionalism and Leadership

Effective staff meetings can impact the quality of child care programs by creating a strong focus on the vision and goals of the program. We will explore how to plan, organize and conduct staff meetings that inspire growth and change. Session one will focus on setting long range professional development goals and designing meeting agendas that reflect these goals and increase staff participation, involvement and motivation. In session two you will expand your repertoire of meeting strategies, including hands on activities, ice breakers, role plays, story telling, visioning and using reflective exercises. An overview of adult learning styles and multiple intelligences will be incorporated into both sessions. You will be energized to create meaningful changes that totally transform how you utilize staff meeting time.

Team and Program Building: Communicating Effectively with Colleagues

Location: The Cottage Children's Center, 197 Union Street, Marlborough, MA

Thursday, January 14, 2010 7:00 – 9:00 pm

Fee: \$25

OR

Location: Cole-Harrington, 605 Neponset Street, Canton, MA

Tuesday, June 8, 2010 7:00 – 9:00 pm

Fee: \$25

Adam Mintz

EEC Core Competency: Professionalism and Leadership

When staff members work together effectively as a team the whole program benefits. You will learn skills for communicating respectfully and assertively with colleagues, and look at the key elements of collaborative teamwork. Issues to be addressed include understanding the roles of various team and staff members, listening to others, expressing yourself effectively, coping with criticism, and problem solving within an early childhood program community.

SPECIAL 2 PART SERIES

Location: Temple Isaiah, 55 Lincoln Street, Lexington, MA

Register for one or both of these workshops to understand how to help children and yourself cope with trauma.

Kathleen Guarino

Fee: \$25 per session

Trauma, Self-Regulation and Coping Skills: Basic Information and Techniques to Help Children*

Thursday, December 3, 2009

7:00 – 9:00 pm

EEC Core Competency: Guiding and Interacting

Explore how you can positively ease the effects of trauma on young children. We will briefly review traumatic stress and its impact on the body. You will learn what self-regulation and coping skills are, and their importance to children's social, emotional, and cognitive development, as well as the effect that trauma may have on them. Discover how a variety of activities that you already use in your curriculum can help children learn how to regulate their behaviors. You will also have the opportunity to practice simple techniques to use in your program, and learn how to share these strategies with parents. Please wear comfortable clothing!

Taking Care of Yourself

Wednesday, February 10, 2010

7:00 – 9:00 pm

EEC Core Competency: Professionalism and Leadership

Working in the “helping” professions often means that our work is emotionally intensive and resource-scarce. We will explore the impact of this on our day-to-day well-being. You will learn how to build awareness, avoid pitfalls, gain inspiration, and find time to foster healthy and sustainable work environments for you and your team.

Professional Ethics: Boss, Buddy, or Pal?

Location: Whitney Place, 3 Vision Drive (Route 9 West), Natick, MA

Thursday, June 3, 2010 7:00 – 9:00 pm

Fee: \$25

Marcia Farris

EEC Core Competency: Professionalism and Leadership

Where do you draw the line that defines professional behavior? Are there clear limitations? We'll discuss these issues with the NAEYC Code of Ethics as our guide. Be prepared to honestly discuss some fairly common situations that arise between administrators and teachers, teachers and teachers, teachers and parents, and even with children.

“[the Director Series] helped me focus on the importance of my daily work, that each day is important...So inspirational and positive!”

Go Green  Register Online!
www.compassforkids.org

The Massachusetts Department of Early Education and Care is rolling out new regulations for early care and education programs in January 2010. Register for workshops to gain new information, skills and perspectives to support new requirements.

Expanded professional development requirement: *33% of required professional development must address “diverse learners” (children who have special physical, emotional, behavioral, cognitive or linguistic needs or whose primary learning modality is visual, auditory, tactile or kinesthetic, who may require an adaptation in the environment, interaction or curriculum in order to succeed in their program). **Look for workshops that are starred (*) throughout the brochure to help you meet this requirement!**

New curriculum requirements: programs must provide specific, planned learning experiences that support the social, emotional, physical, intellectual, and language development of all children. These experiences must provide children with opportunities to interact with peers and adults, to learn age-appropriate self-help skills, to play alone or with others, and to participate in a variety of creative activities.

Creating Effective and Positive Learning Environments (page 4)

Sizzling Summer Programs (page 4)

Nature in the City (page 4)

Literacy Series (page 5)

Planning for School-Age Vacation Weeks (pages 5, 10)

Fostering Young Children’s Friendships and Social Skills (pages 5, 9)

Curriculum Clinics (pages 6, 7, 10, 11, 14)

Connecting Developmentally Appropriate Practice to Curriculum Planning (pages 8, 9)

Investigating Math and Science Experiences with Young Children (page 8)

Yoga and Creative Movement PLAYshop (pages 9, 11)

Designing Meaningful Curriculum for ALL Infants (pages 9, 16)

Designing Meaningful Infant-Toddler Curriculum (pages 10, 16)

Hooray for a Rainy Day! (page 11)

New Regulation: “Interactions among Educators and Children” addresses the kind of nurturing and responsive relationship required to support a child’s healthy growth and development.

Discovering the Power of Intentional Language (pages 9, 15)

The Power of Positive Language (page 4)

Switching Gears: Helping Children Manage Daily Transitions (pages 9, 10)

Fostering Young Children’s Friendships and Social Skills (pages 5, 9)

WE WILL HELP YOU DESIGN TRAINING TAILORED FOR YOUR SPECIFIC NEEDS AND STAFF DEVELOPMENT GOALS AND DELIVER IT DIRECTLY TO YOUR PROGRAM!

Well-planned professional development training for your program staff can make a world of difference for

- Individual staff member growth
- Day-to-day program functioning
- Program growth and development
- Children’s interactions and experiences
- Positive parent partnerships

REGISTRATION POLICIES AND INSTRUCTIONS

All training provided by COMPASS for kids fulfills the Massachusetts EEC training requirements for center-based, school-age and family child care programs. Training hours equal the actual number of hours of the workshop session.

COMPASS for kids is registered with the Massachusetts Department of Elementary and Secondary Education as a PDP provider.

Pre-registration is required. Payment will secure your registration, and can be made by credit card online (via PayPal) or by check through the mail. Please note that credit card payment is only available through internet registrations. **Register online at www.compassforkids.org.**

If registering by mail, please include your registration form and a check payable to: Parenting Resource Associates, (as we complete the transition to our new name), and mail to COMPASS for kids, 4 Militia Drive, Suite 7, Lexington, MA 02421.

COMPASS for kids reserves the right to reschedule or cancel workshops due to unforeseen circumstances.

Workshop fees are non-refundable.

Please note that we do not routinely send confirmation of registrations or receipts. Retain a copy of your registration form for your records.

Inclement Weather Policy: Every effort will be made to hold scheduled workshops. If a workshop must be cancelled, we will attempt to contact registered participants via the telephone number and/or e-mail address that is provided upon registration. If you have a question about the status of a workshop, please call us at 781-862-4446, or check our website.

DIRECTIONS TO WORKSHOP SITES:

For directions to workshop sites, please see our website (www.compassforkids.org) or use your favorite internet map program (such as MapQuest, Yahoo, or Google).



COMPASS for kids

4 Militia Drive, Suite 7 • Lexington, MA 02421
 781-862-4446 phone • 781-862-8371 fax
 E-mail: info@parentingresource.org

2009-2010
 Professional Development Programs

Please fill out this side of the form and indicate the number of people registering for each workshop. Then use the other side of this form to list the names, home phone numbers, and email addresses of all attendees, by workshop.

CONTACT INFO

Your Name: _____ Program Address: _____
 Organization/Program: _____ Program Phone (day): _____
 Program Director: _____ Program E-Mail: _____

CAMBRIDGE	CANTON	LEXINGTON <small>2 Different Locations. See pgs 6 & 7</small>	MARLBOROUGH	NATICK	PEABODY <small>2 Different Locations. See pgs 10 & 11</small>
— 9/30/09 (\$25) Quirky Kids*	— 11/10/09 (\$25) Children's Books	— 9/21/09 (\$25) Getting Children to Listen	— 11/5/09 (\$25) Quirky Kids*	— 10/6/09 (\$25) Curriculum Planning	— 9/22/09 (\$25) Red Flags for Development*
— 10/20/09 (\$25) Discipline Strategies	— 12/8/09 (\$25) Storytelling	— 10/21/09 (\$25) Get Ready to Write*	— 12/2/09 (\$25) Curriculum Planning	— 10/23 & 11/20/09, 1/22 & 3/12/10 Directing with Vision and Clarity (\$100)	— 10/26 & 11/2/09 (\$50) Different Children, Different Needs*
— 11/3/09 (\$25) Positive Language	— 1/12/10 (\$25) Playing with Puppets*	— 11/9/09 (\$30) Curriculum Clinic - Traditions	— 1/14/10 (\$25) Team Building	— 10/27/09 (\$25) Daily Transitions	— 11/6 & 12/4/09 Staff Meetings (\$50)
— 11/17/09 (\$25) Challenging Behavior*	— 1/25 & 2/8/10 (\$50) Parent-Teacher Conflicts	— 12/3/09 (\$25) Trauma*	— 2/3/10 (\$25) School-Age Temperament*	— 12/3/09 (\$25) Second Language Learners*	— 12/2/09 (\$25) Infant-Toddler Curriculum
— 12/7/09 (\$25) Humor	— 3/15/10 (\$25) School-Age Vacation Planning	— 1/11/10 (\$25) Adapting Curriculum*	— 3/16/10 (\$25) Teen Parents	— 1/21/10 (\$25) Yoga and Movement	— 1/13/10 (\$25) School-Age Vacation Planning
— 1/11/10 (\$25) Floortime*	— 4/15/10 (\$25) Infant/Toddler Motor Development*	— 2/10/10 (\$25) Taking Care of Yourself	— 4/7/10 (\$25) Math and Science	— 2/4 & 2/11/10 (\$50) Mental Health Issues*	— 1/25/10 (\$30) Curriculum Clinic - Blocks
— 2/23/10 (\$25) Positive Learning Environments	— 5/12/10 (\$25) Autism*	— 3/15 & 3/22/10 (\$50) Listening	— 4/10/10 (\$80) The World of Difference	— 3/4 & 4/8/10 (\$50) Parent-Teacher Conflicts	— 2/10/10 (\$25) Daily Transitions
— 3/17/10 (\$25) Mental Health*	— 6/8/10 (\$25) Team Building	— 4/5/10 (\$30) Curriculum Clinic - Investigations	— 5/4/10 (\$25) Mental Health*	— 3/13/10 (\$80) Intentional Language	— 3/23/10 (\$25) Parent Partnerships
— 4/12/10 (\$25) Parents of Infants	— 8/10/10 (\$25) Fostering Friendships*	— 5/10/10 (\$25) Quirky Kids*	— 6/10/10 (\$25) Infant/Toddler Sensory Integration and Activities*	— 5/11/10 (\$25) Life Transitions*	— 4/6/10 (\$25) Adapting Curriculum*
— 5/5/10 (\$25) Summer Programs		— 6/7/10 (\$25) School-Age Temperament*	— 8/4/10 (\$25) Separation Anxiety	— 6/3/10 (\$25) Professional Ethics	— 5/6/10 (\$25) Hooray for a Rainy Day
— 6/7/10 (\$25) Second Language Learners*				— 7/12/10 (\$25) Fostering Friendships*	— 5/22/10 (\$45) Sensory Integration and Activities*
— 7/20/10 (\$25) City Nature	DANVERS — 11/14/09 (\$80) The World of Difference			— 8/11/10 (\$25) Curriculum for ALL Infants*	— 6/2/10 (\$25) School-Age Temperament*
					— 6/10/10 (\$30) Curriculum Clinic - Outdoors
					— 7/27/10 (\$25) Yoga and Movement

* Denotes special needs training

Payment

Total Amount Due: \$ _____

Make checks payable to: **Parenting Resource Associates**. Please note that we do not send confirmations. **Retain a copy of this registration for your records.**

MAIL TO: COMPASS for kids, 4 Militia Drive, Suite 7, Lexington, MA 02421

COMPASS for kids (formerly Parenting Resource Associates, Inc.)

A 501 (c) (3) non-profit organizations, established in 1997

COMPASS for kids (formerly PRA) is dedicated to delivering customized, sustainable information, skills and support to the adults who matter most to kids – ensuring the best today and tomorrow for children.

COMPASS for kids' efforts benefit parents, children, educators, schools, systems and communities through training and support for parents, educators and other professionals who broadly impact children and families. We currently focus our efforts on:

- **Professional development training for early childhood and school-age educators** – we provide hundreds of hours of specialized training for those charged with caring for and educating young children, and reach thousands of early childhood and school-age educators each year. COMPASS for kids' efforts in this area ensure that early education and care programs and out-of-school time programs are of the highest possible quality.
- **Parenting education and support programs** – offering a wide range of open registration and contracted programs, and private coaching, that support parents in understanding child development and provide them with strategies for supporting the optimal development of their children.
- **COMPASS for homeless families** – working to end family homelessness. We collaborate with public and private organizations, businesses and individuals to provide services and supports that promote family self-sufficiency and stability in housing for homeless and at risk families. COMPASS specializes in partnering with parents, and in delivering group education and long-term coaching support. COMPASS currently operates primarily as the COMPASS Community College Collaborative (CCCC), in partnership with the Massachusetts Community Colleges Executive Office. The CCCC partners with shelter and housing organizations to engage clients in attending “intensive education” programming at Community Colleges. The CCCC continues to provide coaching and program resources for a year or longer.

For more information about COMPASS for kids, please visit our website, www.compassforkids.org.

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Professional Development Training Schedule 2009-2010

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COMPASS for kids

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TO:

Workshops can be customized and presented at your site!

www.compassforkids.org (formerly Parenting Resource Associates, Inc.)

Please e-mail us at info@parentingresource.org or call us at (781) 862-4446 with updated mailing information.